

- SUGGESTIONS FOR PACKING -

- Passport
- Travel Insurance Cards & Details
- *Cash for Souvenirs

**All other trip expenses will be covered by pre-paid trip funds. New \$100 bills will earn the best exchange rate*

Travel Materials:

- Small Bible
- Devotional(s)
- Journal & Writing Utensils
- Reading Material
- Maps/Travel Books
- Songs or Other Materials to Share
- Items to Distribute at Film Showing(s)
(eg. Lollipops, small wooden crosses, glow sticks, etc.)

Electronics:

- Camera *(PV will take photos for you, but you may desire your own as well)*
- Phone
- Laptop and/or Tablet
- Chargers
- Headphones
- Extra Batteries
- USB drive *(at least 8KB)*

Personal Items:

- Hat
- Sunglasses
- Sunscreen
- Insect Repellent with Deet
- Hand Sanitizer gel and/or Wipes
- Toothbrush & Toothpaste
- Shampoo & Conditioner
- Deodorant
- Lotion
- Hair Brush
- Feminine Products *(not all types are available in Asia)*
- Small Hair Dryer *(electric appliances must be 220V capable or they will require a converter)*
- Small First-Aid Kit
- Medications/ Vitamins

Miscellaneous:

- Daypack *(space for supplies for a brief overnight stay)*
- Neck pillow
- Small electrical converter *(Needed to convert 110v to 220v)*
- Small Towel *(if the trip includes an overnight village stay)*
- Small Flashlight or Headlamp
- A yoga mat or Thermarest for extra comfort in villages

Clothing:

- Shorts *(avoid shorts above the knee)*
- Jeans
- Short-Sleeve & Long-Sleeve Shirts *(avoid sleeve-less and spaghetti-strap shirts)*
- One set of nicer clothing for Church
- (Men: dress pants & collared shirt Women: long skirt & blouse)*
- Warm Jacket *(for evening film showings)*
- Pajamas
- Undergarments
- Socks
- Swimwear *(avoid two-piece suits)*
- Sandals/Flip-Flops
- Comfortable Walking Shoes
- Waterproof Shoes *(Keen-style sandals are ideal)*